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Coupling control variates for Markov chain Monte Carlo

Jonathan B. Goodman^{a,*}, Kevin K. Lin^b

^a Courant Institute of Mathematical Sciences, New York University, 251 Mercer Street, New York, NY 10012, USA ^b Department of Mathematics, University of Arizona, 617 N. Santa Rita Ave., Tucson, AZ 85721, USA

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ABSTRACT

We show that Markov couplings can be used to improve the accuracy of Markov chain Monte Carlo calculations in some situations where the steady-state probability distribution is not explicitly known. The technique generalizes the notion of control variates from classical Monte Carlo integration. We illustrate it using two models of nonequilibrium transport.

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1. Introduction

Markov chain Monte Carlo (MCMC) algorithms generate samples from a probability distribution by simulating a Markov chain that leaves the distribution invariant. One estimates expected values by time averaging over long simulations [12,20]. For high-accuracy Monte Carlo computations, variance reduction methods are crucial. Unfortunately, some variance reduction methods are hard to apply in MCMC, particularly when there is no explicit expression for the steady-state probability distribution of the Markov chain.

In this paper, we demonstrate a technique for MCMC variance reduction which can improve accuracy by factors of up to 2 or more in certain situations where an *approximate* steady-state distribution is known. The technique, which we call *coupling control variates*, builds on earlier work using Markov couplings in MCMC [6,17,19,22]. Specifically, we assume that we can obtain an explicit approximation of the steady-state distribution, and that the expected values of this approximate distribution are known. The basic idea is to find a second Markov process which (i) leaves the approximate distribution invariant, and (ii) "shadows" (*i.e.*, closely follows) the original Markov process. The expectations of the approximate distribution then provide an initial "guess," which we correct by simulating the two "coupled" processes to estimate the difference (in expected values) between the true steady-state distribution and our approximate distribution.

We apply the technique to certain lattice models from statistical physics, in which the steady-state probability distribution is approximately a product of local distributions when the system is out of equilibrium.¹ These systems are of interest in the theory of transport processes such as heat conduction. In this paper, we consider models consisting of a linear chain of

^{*} Corresponding author. Tel.: +1 212 998 3326; fax: +1 212 995 4121.

E-mail addresses: goodman@cims.nyu.edu (J.B. Goodman), klin@math.arizona.edu (K.K. Lin).

¹ Here, "equilibrium" is used in the sense of statistical physics, *i.e.*, "thermal equilibrium." This means that the Markov chain satisfies detailed balance [12], and the steady-state probability distribution is a Gibbs–Boltzmann distribution $\frac{1}{Z}e^{-\beta H}$. Steady-state distributions of Markov chains that are *not* in equilibrium are known as "nonequilibrium steady states." We focus on the latter here.

lattice sites coupled to "heat baths" at each end; each bath is characterized by thermodynamic parameter(s) like temperature, chemical potential, *etc.* The steady-state probability distribution is a Gibbs–Boltzmann distribution if the bath parameters are equal. This is not the case for unequal heat baths. However, a large lattice out of equilibrium may still have a steady-state distribution that is *locally* in equilibrium, *e.g.*, for heat flow, the statistics at a given location is approximately governed by a Gibbs–Boltzmann distribution with a local temperature (see Section 3 for details). We will show how such "local equilibrium" distributions can be used to achieve variance reduction.

We note that similar ideas have appeared in the operations research literature [7,9,23]; a difference here is our use of the Metropolis-Hastings algorithm to construct "external control variates" from given Markov couplings. Related ideas have also been used in molecular dynamics simulations, in the form of "shadow hybrid Monte Carlo" [10]. Finally, we point out that Markov couplings have been used in a quite different way to perform exact Monte Carlo sampling [18].

2. Coupling control variates

2.1. General framework

We begin by recalling the technique of control variates in classical Monte Carlo (MC) integration [8]: suppose X is a random variable with probability density p_X , and we want to estimate its expected value $\overline{X} = \mathbb{E}[X] = \int_{-\infty}^{\infty} x \cdot p_X(x) dx$. The standard Monte Carlo estimator of \overline{X} is

$$\widehat{X}_n = \frac{1}{n} \sum_{k=1}^n X_k,\tag{1}$$

where $X_1, X_2, ...$ are independent samples from the distribution p_X . The variance of the estimator is $Var[\hat{X}_n] = Var[X]/n$. It is not generally possible to improve the c/n scaling; more accurate estimates are usually obtained by reducing the variance of the estimand.

A *control variate* for *X* is a random variable *Y* whose expected value $\overline{Y} = \mathbb{E}[Y]$ is known and is correlated with *X*. One can estimate \overline{X} using the *control variate estimator*

$$\widehat{X}_{CV,\alpha;n} = \frac{1}{n} \sum_{k=1}^{n} [X_k + \alpha \cdot (\overline{Y} - Y_k)],$$
(2)

where (X_k, Y_k) , k = 1, 2, ... are samples from the joint distribution of *X* and *Y*, and α is an adjustable parameter. Optimizing $Var[\widehat{X}_{CV,\alpha,n}]$ over α gives an optimal control variate estimator of \overline{X} with variance

$$\frac{1}{n}\operatorname{Var}[X] \cdot (1 - \rho_{XY}^2),$$

where ρ_{XY} is the correlation coefficient $Cov(X, Y)/(Var[X] \cdot Var[Y])^{1/2}$. In the special case $\alpha = 1$, Eq. (2) simply corrects the initial "guess" \overline{Y} with an estimate of $\overline{X} - \overline{Y}$.

Consider now *Markov chain Monte Carlo*, where the samples are not independent, but are successive states of a Markov process. For concreteness, let X_t be a time-homogeneous continuous-time Markov process with finite state space² Ω . The dynamics of X_t are completely specified by the *transition rates* R(x'|x), which tell us the rate at which X_t jumps from state x to state x', *i.e.*, $\operatorname{Prob}(X_{t+\Delta t} = x'|X_t = x) = R(x'|x) \cdot \Delta t + O(\Delta t^2)$. We assume that the process X_t has a unique steady-state probability distribution P, so that $\sum_{x'} R(x|x')P(x') = \sum_{x'} R(x'|x)P(x)$.

Given an observable $\phi : \Omega \to \mathbb{R}$, one can obtain a direct estimate of $\mathbb{E}_X[\phi] = \sum_{x \in \Omega} \phi(x) \cdot P(x)$ by simulating the process X_t for $t \in [0, T]$ and applying the simple estimator

$$\hat{\phi}_T = \frac{1}{T} \int_0^T \phi(X_t) dt.$$
(3)

This converges almost surely to $\mathbb{E}_{X}[\phi]$ as $T \to \infty$. The variance of $\hat{\phi}_{T}$ is given by the *Kubo variance formula* [1]

$$\frac{\operatorname{Var}[\phi] \cdot \tau}{T} + O(1/T^2),\tag{4}$$

where $Var[\phi]$ is the variance of the observable ϕ with respect to *P*. The constant τ is the *integrated autocorrelation time*

$$\tau = \int_{-\infty}^{\infty} \rho(t) dt$$

where $\rho(t) = C(t)/C(0)$ is the time-autocorrelation function of $\phi(X_t)$, and

$$C(t) = \lim_{t \to 0} \operatorname{Cov}(\phi(X_{t+t_0}), \phi(X_{t_0}))$$

Note that τ depends on both the observable ϕ and the Markov process X_t .

² Extending our ideas to more general settings is straightforward. See for instance Section 3.2.

As in the case of MC integration, it is not generally possible to improve the c/T scaling in Eq. (4). Variance reduction schemes typically aim to reduce either the autocorrelation time τ or the variance C(0) of the estimand.

To extend the notion of control variates to this setting, one looks for a second Markov process Y_t which is correlated to the process of interest X_t [17,19,22]. The notion of correlated processes can be made precise by *Markov couplings* [16]: if X_t and Y_t are Markov processes with respective transition rates R_X and R_Y , a Markov coupling of X_t and Y_t is a specification of *joint transition rates* $R_{XY}((x',y')|(x,y))$ for transitions from $(X_t, Y_t) = (x, y)$ to $(X_t, Y_t) = (x',y')$, so that

$$\sum_{y'} R_{XY}((x', y')|(x, y)) = R_X(x'|x) \quad \text{for all } y, x, x', \quad \text{and}$$

$$\sum_{x'} R_{XY}((x', y')|(x, y)) = R_Y(y'|y) \quad \text{for all } x, y, y'.$$
(5)

In other words, a Markov coupling of X_t and Y_t is a Markov process on the product space $\Omega \times \Omega$ that gives a realization of X_t when projected onto the first component, and likewise gives Y_t when projected onto the second.

Suppose a process Y_t can be found such that the expectation $\mathbb{E}_Y[\phi]$ with respect to the stationary distribution Q of Y_t can be computed easily. We define the *coupling control variate estimator* by

$$\hat{\phi}_{couple,\alpha} = \frac{1}{T} \int_0^T [\phi(X_t) + \alpha \cdot (\mathbb{E}_Y[\phi] - \phi(Y_t))] dt.$$
(6)

The process Y_t is the *coupling control variate*. It is possible to estimate a nearly optimal α using the Kubo variance formula (4), but for simplicity we will always set $\alpha = 1$ in this paper.³ In order for the coupling control variate to be effective with this choice of α , $\phi(Y_t) - \phi(X_t)$ should have small variance, *i.e.*, the states X_t and Y_t should remain as close to each other as possible.

2.2. The coupling control variate algorithm

Now, suppose we are interested in computing $\mathbb{E}_{X}[\phi]$ for a Markov process X_t with transition rates $R_X(x'|x)$. Suppose further that the steady-state distribution P is not known, but that an approximate steady-state distribution Q is available. Our aim is to construct a coupled process (X_t, Y_t) with transition rates $R_{XY}((x', y')|(x, y))$ so that

- (i) The marginal X_t has transition rates R_X , and therefore steady-state distribution P.
- (ii) The marginal Y_t has steady-state distribution Q.
- (iii) X_t and Y_t remain as close as possible given constraints (i) and (ii).

We show here how the coupling $R_{XY}((x', y')|(x, y))$ can be constructed from a coupling R_{XX} of two realizations of R_X processes. Such couplings are available in many situations; see Section 2.3. The basic idea is to apply the Metropolis-Hastings algorithm using the second component of R_{XX} as proposal and the distribution Q as the target distribution. The result is a process Y_t satisfying the detailed balance condition with respect to Q:

$$Q(\mathbf{y}') \cdot R_{\mathbf{Y}}(\mathbf{y}|\mathbf{y}') = Q(\mathbf{y}) \cdot R_{\mathbf{Y}}(\mathbf{y}'|\mathbf{y}).$$

Thus, the stationary distribution of Y_t is Q. This is a straightforward generalization of the detailed balance condition for discrete time Markov chains; see, *e.g.*, [12,20].

More precisely, recall that one way to simulate continuous-time finite-state Markov processes is as follows (sometimes known as the Gillespie algorithm [5]): let $R(x) = \sum_{x' \neq x} R(x'|x)$ be the *total exit rate* from a state $x \in \Omega$. Let T_n be the times at which the system jumps to the next state, and let $X(n) = X_{T_n+}$ be the state of the system after each jump. If X(n) = x, we set an exponential clock of mean 1/R(x). When the clock rings, we choose a new state x' with probability P(x'|x) = R(x'|x)/R(x) and set X(n + 1) = x'. Note that $X_t = X(n)$ for $T_n \leq t < T_{n+1}$.

The following simple algorithm generates one step of a coupled process (X_t, Y_t) satisfying conditions (i)–(iii) above:

Algorithm. Let **State** = (x, y) be the current state of the joint process (X_t, Y_t) . With rate $R_{XX}(x', y'|x, y)$, set **Proposal** = (x', y'). Compute

$$Z = \frac{Q(y') \cdot R_X(y|y')}{Q(y) \cdot R_X(y'|y)}.$$
(8)

With probability $\min(Z, 1)$, we accept **Proposal** and set **NewState** to (x', y'). With probability $1 - \min(Z, 1)$, we reject **Proposal** and set **NewState** to (x', y).

It is easy to check that the coupled process (X_t, Y_t) generated by this algorithm satisfies Eq. (7). Thus, the estimator (6), when applied to (X_t, Y_t) , is always consistent in that $\hat{\phi}_{couple:T} \rightarrow \mathbb{E}_{Y}[\phi]$ as $T \rightarrow \infty$. Note, however, that whether the variance of

³ For the models studied in this paper, it is expected that the optimal α will be \approx 1. In more general situations, it is important (and not difficult) to estimate an optimal α .

the coupling control variate estimator is lower than that of the simple estimator (3) depends on the coupling R_{XX} and the approximate distribution Q.

Remark. We note that when computing the expectation of static observables using this algorithm for continuous-time Markov chains, one can reduce variance a little bit more by replacing the time intervals $T_{n+1} - T_n$ by the mean 1/R(X(n)).

2.3. Some practical considerations

2.3.1. Approximate stationary distribution

The choice of Q is problem-dependent. In the nonequilibrium models discussed in Section 3, as in many other physical situations, perturbative analysis of the relevant master equation often gives good candidates for Q. Note that because the coupling estimator is always consistent, it is not necessary to know *a priori* how good an approximation Q is to the true stationary distribution, so that one can take advantage of uncontrolled approximations. However, the degree of variance reduction depends on the distribution Q and the coupling R_{XX} .

To choose the distribution Q, one should follow these criteria:

- (i) The expected value $\mathbb{E}_{Q}[\phi]$ should be easy to compute. This is necessary in order to apply the coupling control variate estimator (6).
- (ii) The distribution Q should be "close enough" to the true stationary distribution P_X that the rejection rate is low. We may then expect Y_t to remain close to X_t , so that the coupling control variate estimator may have low variance.

2.3.2. Constructing couplings

How do we obtain a coupling R_{XX} to start with? As mentioned earlier, constructing Markov couplings is not always straightforward. However, couplings have long been used as a theoretical tool for studying the ergodic properties of Markov processes, and "good" couplings have been found for a broad range of stochastic models [16]. In many (though not all) cases, it suffices to simply use the same sequence of random numbers to couple two Markov processes. Examples include stochastic differential equations that are contractive in the sense that their largest Lyapunov exponent is negative [13] and the models in Section 3.

Note that if one uses the same sequence of random numbers to simulate two copies of a Markov process, and if the two copies start in the *same* state, then one would obtain two identical sample paths. The main issue in constructing couplings is whether two chains starting from different states will converge.

2.3.3. Factors affecting scaling of errors

The variance of the coupling control variate estimate is

$$\operatorname{Var}(\widehat{A}_{couple}) = \frac{\operatorname{Var}[\phi(X) - \phi(Y)] \cdot \tau_{couple}}{T} + O(1/T^2), \tag{9}$$

where τ_{couple} is here the integrated autocorrelation time of $\phi(X_t) - \phi(Y_t)$, and $Var[\phi(X) - \phi(Y)]$ is the variance of the random variable $\phi(X) - \phi(Y)$ with respect to the stationary distribution of the coupled process on the product space $\Omega \times \Omega$. Note that if the coupling is effective in keeping $\phi(X_t) - \phi(Y_t)$ small, then the variance in Eq. (9) will be small. However, when a proposed move is rejected by our algorithm, the process Y_t "stands still." The process Y_t (and hence $\phi(X_t) - \phi(Y_t)$) may therefore have a slower correlation time than X_t . That is, the amount by which the variance of the estimator is reduced may reflect competition between lower variance and larger correlation time.

2.3.4. Overhead and running time

Another practical consideration is the complexity of Q and the coupling R_{XX} : a "good" coupling that is computationally expensive to implement may not, in the end, be worth the effort. Couplings that are easy to implement, for example simply using the same sequence of random numbers, have a distinct advantage in this regard.

3. Nonequilibrium transport processes

3.1. Symmetric simple exclusion process

The first model we consider is the symmetric simple exclusion process (SSEP) in one space dimension [14]. This is a stochastic lattice gas model of a linear medium with a reservoir placed at each end. The two reservoirs are typically maintained at different densities, so that there is a net flow of particles through the medium. More precisely, the domain is a linear chain of *N* sites, with each site holding at most one particle at any given time. Thus, the state of the system $\sigma \in \Omega$ can be thought of as a binary string of length *N*, with $|\Omega| = 2^N$. The dynamics are as follows: each particle carries an exponential clock of rate 1. When the clock rings, the particle will try to jump to a neighboring site, choosing left and right with equal probability; the



Fig. 1. The symmetric simple exclusion process.

particle does not move if the target site is occupied. The left reservoir will place a particle in site 1, when it is unoccupied, at rate α ; and remove a particle from site 1, when it is occupied, at rate β . The right reservoir acts on site *N* in an analogous manner, at rates δ and γ , respectively (see Fig. 1). Note that the total particle number is conserved, except when the reservoirs inject or remove a particle.

We begin by summarizing some known results on the SSEP; see [4,14] for details. It is easy to show that the SSEP has a unique stationary distribution P_N . Much is known about P_N . In particular, various probabilities can be calculated exactly using the "matrix method." The SSEP thus provides a convenient test case for illustrating coupling control variates in non-equilibrium transport models. A central motivation for studying models like the SSEP is to understand how macroscopic transport processes arise from microscopic dynamics. One quantity of interest is the macroscopic density profile $\rho : (0, 1) \rightarrow \mathbb{R}$, defined by

$$\rho(\mathbf{x}) = \lim_{N \to \infty} \mathbb{E}_N[\sigma_{[\mathbf{x}N]}], \quad \mathbf{x} \in (0, 1), \tag{10}$$

where $\mathbb{E}_{N}[\cdot]$ denotes expectation with respect to P_{N} . Another quantity of great interest is the correlation between distant sites (see below).

Specifically, let $\rho_L = \alpha/(\alpha + \beta)$ and $\rho_R = \delta/(\delta + \gamma)$. These quantities can be thought of as the particle densities of the reservoirs. When $\rho_L = \rho_R = \rho_0$, the SSEP satisfies detailed balance, and it is easy to check that the equilibrium distribution is

$$P_N(\sigma) = \prod_{i=1}^N p(\sigma_i),\tag{11}$$

where $p(1) = \rho_0$ and $p(0) = 1 - \rho_0$. The occupation numbers become IID Bernoulli random variables. Note that this means $\rho(x) \equiv \rho_0$. If $\rho_L \neq \rho_R$, it can be shown that

$$\rho(\mathbf{x}) = \rho_L \cdot (1 - \mathbf{x}) + \rho_R \cdot \mathbf{x}. \tag{12}$$

The non-constant profile reflects the presence of a nonzero current. The stationary distribution P_N is no longer a product: the covariance $Cov_N(\sigma_i, \sigma_j)$ is nonzero for $i \neq j$. The dynamics no longer satisfies detailed balance.

The large-*N* scaling of spatial correlations is also known. Fix *x*, *y*, so that 0 < x < y < 1. Then [4]

$$\lim_{N \to \infty} N \cdot \operatorname{Cov}_N(\sigma_{[xN]}, \sigma_{[yN]}) = -(\rho_R - \rho_L)^2 \cdot x(1 - y).$$
(13)

Thus, for $N \gg 1$ and i, j not too near the end points of (0, 1), we have $Cov_N(\sigma_i, \sigma_j) = O(1/N)$. We note that this 1/N scaling is not unique to the SSEP—it has been observed in other settings as well [2,4,15,21]. The correlation is thus quite weak for large N. This means that computing correlations in nonequilibrium transport models like the SSEP presents numerical difficulties: when the covariances are O(1/N) and the occupation numbers σ_i themselves remain O(1), a direct computation entails sub-tracting two quantities of like magnitude to estimate a much smaller number.

To apply coupling control variates to this problem, we need an approximate stationary distribution Q and a coupling. For nonequilibrium transport models like the SSEP, a choice of Q is suggested by the notion of *local thermal equilibrium* (LTE): in physical terms, even though the system cannot be in thermal equilibrium because the two ends are in contact with reservoirs at different densities, for large N it is generally expected that small parts of the medium will reach approximate local thermal equilibrium [3]. For the SSEP, it has been shown that LTE holds in the following sense: fix $x \in (0, 1)$ and a positive integer k. Then, as $N \to \infty$ with x and k fixed, the occupation numbers $\sigma_{[xN]}, \sigma_{[xN]+1}, \ldots, \sigma_{[xN]+k}$ converge in distribution to independent, identically-distributed Bernoulli random variables with $Prob(\sigma = 1) = \rho(x)$, where ρ is the linear profile given in Eq. (12). Heuristically, this tells us that even though the system cannot attain a global thermal equilibrium when $\rho_L \neq \rho_R$, it does approach local equilibrium when $N \gg 1$. It also suggests that we use as our approximate stationary distribution

$$Q_N(\sigma) = \prod_{i=1}^N q_i(\sigma_i),\tag{14}$$

where $q_i(1) = \rho(x_i)$, $q_i(0) = 1 - \rho(x_i)$, and $x_i = \frac{1}{N+1}$. The distribution Q_N can be thought of as a local equilibrium distribution, in which the sites are occupied independently with probability $\rho(x_i)$. The LTE property suggests that Q_N may become a better approximation of P_N as $N \to \infty$, at least locally.

The other ingredient we need is R_{XX} , a coupling of the SSEP to itself, so that we can use the algorithm in Section 2.2 to construct a coupling control variate. This is straightforward [14]: given two copies of SSEP, we simply carry out the same

moves in both copies whenever possible, and move independently when not. More precisely, let $Moves(\sigma)$ denote the set of all available moves for σ , where a move means a particle jumping from site *i* to site *j* (for all *i*, *j* with |i - j| = 1) or changing the occupation number of site 1 or site N. To each move in $Moves(\sigma) \cup Moves(\tilde{\sigma})$, we attach an independent exponential clock of the appropriate rate-1/2 for jumps, α for injection by the left reservoir, *etc.* When a clock goes off, check if the corresponding move is in $Moves(\sigma) \cap Moves(\tilde{\sigma})$, *i.e.*, whether σ and $\tilde{\sigma}$ can make the same move. If so, update both σ and $\tilde{\sigma}$ accordingly. If the move is in $Moves(\sigma) \setminus Moves(\tilde{\sigma})$, *i.e.*, if only σ can make the move, then update only σ . Similarly for moves in $Moves(\tilde{\sigma}) \setminus Moves(\sigma)$. This algorithm couples two copies of the SSEP process.

We can now apply the Metropolis-Hastings construction from Section 2.2. This yields a coupling control variate for the SSEP, with Metropolis ratios *Z* given by the following table:

Transition from site <i>i</i> to <i>j</i> , $ i - j = 1$	$Z_{ij} = rac{1- ho_i}{ ho_i} \cdot rac{ ho_j}{1- ho_j}$	
Injection (removal) by left reservoir	$Z_{\mathrm{L,in}} = rac{ ho_1}{1- ho_1} \cdot rac{eta}{lpha}$	$(Z_{L,out}=1/Z_{L,in})$
Injection (removal) by right reservoir	$Z_{\rm R,in} = \frac{\rho_n}{1-\rho_n} \cdot \frac{\gamma}{\delta}$	$(Z_{R,out}=1/Z_{R,in})$

Note that the *Z* ratios involve only local quantities because the distribution Q_N has product form. Note also that the rejection probabilities are quite small when $N \gg 1$: since $\rho_i - \rho_j = O(1/N)$, the Metropolis-Hastings ratios *Z* above are 1 + O(1/N) (as long as $0 < \rho_i, \rho_R < 1$). Thus, the Metropolis-Hastings algorithm rejects fewer and fewer samples as $N \to \infty$.

3.1.1. Numerical results

To assess the effectiveness of the coupling control variate, we use a metric we call the error ratio

$$e_{N}[\phi] = \left(\frac{\operatorname{Var}_{N}[\hat{\phi}_{couple}]}{\operatorname{Var}_{N}[\hat{\phi}]}\right)^{1/2} \tag{15}$$

for a given observable ϕ . The error ratio measures the amount by which the estimator $\hat{\phi}_{couple}$ improves the accuracy of the estimate.

Fig. 2(a) shows the error ratio $e[\sigma_{[xN]}]$ for the occupation numbers at a few selected locations along the chain, specifically $x \in \{0.3, 0.5, 0.8\}$. The error ratio decreases with increasing *N*. The improvement with *N* is expected, since the local equilibrium distribution Q_N is expected to be a better approximation of the true stationary distribution P_N when *N* is big. Indeed, our data show that the rejection rate of the Metropolis-Hastings step decreases as *N* increases. In Fig. 2(b), the error ratio for the products $\sigma_{[xN]}\sigma_{[yN]}$ are shown for pairs (x, y) at distances ranging from "infinitesimal" (nearest neighbors) to |x - y| = 0.7. These results show that coupling control variates can effectively improve the accuracy of calculations involving hard-to-estimate quantities like spatial correlations.

Fig. 3 shows the error ratios for the occupation numbers $\sigma_{[xN]}$ as functions of spatial location $x \in (0, 1)$, for $N \in \{50, 100, 500\}$. As can be seen, the error ratio has a strong dependence on spatial location, nearly vanishing at the boundaries but quickly attaining a near-linear profile in the interior of the domain. The figure show that some degrees of freedom couple better than others, and that sites in a "boundary layer" near the reservoirs couple especially well. An explanation is



Fig. 2. The SSEP error ratio vs. system size *N*. In (a), we show the error ratio e_N (see text) for the estimated density at x = 0.3 (solid discs), x = 0.5 (open circles), and x = 0.8 (squares). In (b), we show the error ratio for the near-neighbor product $\sigma_{[xN]} \cdot \sigma_{[xN]+1}$ with x = 0.5 (solid discs), and for the products $\sigma_{[xN]} \cdot \sigma_{[yN]}$ with (x, y) = (0.4, 0.7) (open circles) and (x, y) = (0.2, 0.9) (squares). The errors are estimated using batched means estimators [20]. The parameters are $\alpha = 2, \beta = 0.1, \delta = 0.3$, and $\gamma = 1$.



Fig. 3. The SSEP error ratio for the occupation number $\sigma_{[xN]}$ as a function of location x. The curves are, from top to bottom, N = 50, 100, 500. The parameters are $\alpha = 2, \beta = 0.1, \delta = 0.3$, and $\gamma = 1$.

that in order for the two processes to couple at, say, site 1, we need only that their occupation numbers at site 1 agree, whereas for coupled moves to occur in the interior of the system requires that the occupation numbers of two neighboring sites agree. In any case, despite this dependence on spatial location, overall the coupling control variate has improved the accuracy of MCMC estimates by a factor of $\gtrsim 40\%$ for $N \approx 500$.

We note that the coupling control variate estimator can be implemented with overhead of less than twice the running time of a single SSEP simulation. If we run two independent copies of SSEP simulations and average the results, the standard error of the resulting estimate will decrease by a factor of $1/\sqrt{2} \approx 0.7$, *i.e.*, a 30% gain. We see that for single-site density estimates, the coupling control variate offers a noticeable improvement over simply running more copies of the simulation, and performs significantly better for two-site estimates.

The Kubo formula (4) tells us that when the simulation time T is sufficiently large, the error ratio (15) can be written as a product of two factors:

$$\boldsymbol{e}_{N}[\phi] \approx \left(\frac{\operatorname{Var}[\phi(\sigma) - \phi(\eta)]}{\operatorname{Var}[\phi(\sigma)]}\right)^{1/2} \cdot \left(\frac{\tau_{couple}}{\tau}\right)^{1/2} = \boldsymbol{e}_{var;N}[\phi] \cdot \boldsymbol{e}_{\tau;N}[\phi].$$
(16)

The reasoning in Section 2.2 suggests that the error ratio e_N reflects both the gain in the first factor $e_{var,N}$ by reducing variance, and possible loss due to an increase in the second factor $e_{\tau;N}$, by increasing correlation times. To assess the situation, we have plotted $e_{var,N}[\phi]$, with $\phi = \sigma_{xN}$ for a few locations x, in Fig. 4(a). This curve should coincide with the plot of e_N in Fig. 2(a) if the correlation time of the SSEP were equal to that of the coupling control variate. Instead, we find that $e_{var;N} < e_N$. Fig. 4(b)



Fig. 4. The variance and correlation time components of the error ratio for the SSEP. In (a), we show the factor $e_{var,N}$, as defined in Eq. (16), for $\phi = \sigma_{|xN|}$ with x = 0.3 (solid discs), x = 0.5 (open circles), and x = 0.8 (squares). In (b), we show the corresponding ratios of correlation times. Correlation times are computed by checking numerically that Kubo scaling (4) is in effect (batched means estimates of the estimator error for integration times $T \in [10^5, 10^7]$ show that the mean squared error $\sim T^{-1/2}$). Then, the correlation time is "reverse-engineered" using the Kubo formula, and spot-checked by direct computation of time correlation functions. Variances are computed by time averaging for 10^8 time units. The parameters are $\alpha = 2$, $\beta = 0.1$, $\delta = 0.3$, and $\gamma = 1$.

shows the ratio of integrated autocorrelation times. As can be seen, the coupling control variate may increase correlation times at the same time that it reduces variance. Here, the reduced variance wins over the increased correlation time.

3.2. KMP model

The second model we consider is the Kipnis–Marchioro–Presutti (KMP) model [11]. This is a stochastic idealization of a chain of *N* coupled harmonic oscillators placed at the vertices of a regular lattice. We think of the *i*th oscillator as having energy ε_i , given by a nonnegative real number, so that the state space is $\Omega = [0, \infty)^N$. Note that unlike the SSEP, Ω is uncountable. At sites 0 and N + 1, we place "heat baths" with temperature T_L and T_R , respectively. There are thus N + 1 bonds in the system, linking site *i* with $i \pm 1$ for i = 1, ..., N. Associated with each bond is an independent exponential clock of rate 1. If the clock for the bond (i, i + 1) rings and $1 \le i \le N - 1$, then the energies of oscillators *i* and i + 1 are pooled together and redistributed randomly, *i.e.*, $\varepsilon_i^+ = U \cdot (\varepsilon_i^- + \varepsilon_{i+1}^-)$ and $\varepsilon_{i+1}^+ = (1 - U) \cdot (\varepsilon_i^- + \varepsilon_{i+1}^-)$, where *U* is a uniform random variable on [0, 1] independent of everything else, ε^+ denotes energy after the redistribution, and ε^- denotes the prior energy. If the clock for the bond i = 0 rings, ε_1 jumps to a new energy level *u* with probability density $\beta_L e^{-\beta_L u}$, $\beta_L = 1/T_L$. Similarly for the bond (N, N + 1), but with parameter $\beta_R = 1/T_R$. Notice that the dynamics conserves energy except at sites 1 and *N*, just as the interior dynamics of the SSEP conserves particle number.

The KMP process provide a simple microscopic model of heat conduction. When $T_L = T_R = T_0$, the system attains thermal equilibrium: the dynamics satisfies detailed balance, the stationary distribution P_N is a product of Gibbs distributions with densities $\beta_0 e^{-\beta_0 \varepsilon} (\beta_0 = 1/T_0)$, and the temperature at all sites is equal to T_0 . When $T_L \neq T_R$, we have a linear temperature profile

$$T(\mathbf{x}) = T_L \cdot (1 - \mathbf{x}) + T_R \cdot \mathbf{x}, \quad \mathbf{x} \in (0, 1),$$
(17)

where $T(x) = \lim_{N \to \infty} \mathbb{E}_N[e_{[xn]}]$. This non-constant profile reflects the flow of a nonzero energy current through the system. The spatial correlations have a similar scaling as the SSEP [2]: the limit

$$c(x,y) = \lim_{N \to \infty} N \operatorname{Cov}_N(\varepsilon_{[xN]}, \varepsilon_{[yN]})$$

exists, and

$$c(x,y) \propto (T_R - T_L)^2 \cdot x(1-y), \quad 0 < x < y < 1.$$

Like the SSEP, $\text{Cov}_N(\varepsilon_{[xN]}, \varepsilon_{[yN]}) = O(1/N)$. Thus, one encounters similar difficulties when estimating spatial correlations numerically.

It has been shown that the KMP model attains LTE as $N \to \infty$, *i.e. k*-site marginals converge to a product of Gibbs distributions, with a local temperature T(x) given by the linear profile above. This suggests that we use

$$Q_N(\varepsilon) = \prod_{i=1}^N \beta_i e^{-\beta_i \varepsilon_i},\tag{18}$$

where $\beta_i = 1/T(x_i)$, as approximate stationary distribution. A simple coupling of the KMP process to itself is also available: given two copies of the KMP process, we make the same bonds "ring" at the same time. For interior bonds, we use the same uniform random numbers *U* to split energy in both copies; for heat baths, we set the boundary sites to the same new energy. The coupling is illustrated in Fig. 5: it entails having the $\tilde{\epsilon}$ process use the same "randomness" as the ϵ process to redistribute energy between nearby sites.

One difference from the SSEP is that the KMP model has an uncountable state space, so the algorithm described in Section 2 requires slight modification. This is straightforward for Markov jump processes with transition densities: one can simply replace the ratio of transition rate coefficients R_X in Eq. (8) with the ratio of the corresponding densities. The KMP process does not only have an uncountable state space, though—it also has singular transition rate measures (this is a consequence of energy conservation). Nonetheless, it can be checked that the ratios are well-defined in this case, and yield the following Metropolis ratios:



Fig. 5. Illustration of the KMP coupling. Because the interaction conserves energy, the point (X_i, X_{i+1}) is constrained to lie on the line $X_i + X_{i+1} = \text{const both}$ before and after the interaction.

Interaction resulting in $(\varepsilon_i, \varepsilon_j) \mapsto (\varepsilon_i', \varepsilon_j'), i - j = 1$	$Z_{ij} = \exp\left(\left[\beta_i \varepsilon_i + \beta_j \varepsilon_j\right] - \left[\beta_i \varepsilon'_i + \beta_j \varepsilon'_j\right]\right)$
Left heat bath setting $\varepsilon_1 \mapsto \varepsilon'_1$	$Z_L = \exp((\beta_L - \beta_1) \cdot (\varepsilon'_1 - \varepsilon_1))$
Right heat bath setting $\varepsilon_n \mapsto \varepsilon'_n$	$Z_R = \exp((\beta_R - \beta_n) \cdot (\varepsilon'_n - \varepsilon_n))$

Applying the algorithm in Section 2.2 with these ratios yields a coupling control variate which preserves the local equilibrium distribution Q_N .

3.2.1. Numerical results

Fig. 6(a) shows the error ratios for various sites in the KMP model. As is the case for the SSEP, the coupling control variate significantly reduces the variance of the estimator. In contrast to the SSEP, the amount by which the error is reduced depends more strongly on location, ranging from 20% to 60%. Fig. 7(b) shows the error ratios for the products $\varepsilon_{[xN]} \cdot \varepsilon_{[yN]}$ for pairs (x, y) located at various distances. These ratios are much more consistent and tend to $\approx 40\%$ for the range of N tested.

Fig. 7(a) shows the corresponding factor $e_{var;N}$. As in the case of the SSEP, $e_{var;N}$ is strictly smaller than the error ratio e_N ; at the same time, the ratio $e_{\tau;N}$ of correlation times increase; see Fig. 7(b). Thus, Metropolis rejections can have a dramatic effect



Fig. 6. The KMP error ratio as a function of system size *N*. In (a), we show the error ratio for the estimated mean energies at x = 0.3 (solid discs), x = 0.5 (open circles), and x = 0.8 (squares) as functions of *N*. In (b), we show the error ratio for the near-neighbor product $\varepsilon_{|xM|} \cdot \varepsilon_{|xM|+1}$ with x = 0.5 (solid discs), and for the products $\varepsilon_{|xM|} \cdot \varepsilon_{|xM|+1}$ with (x, y) = (0.4, 0.7) (open circles) and (x, y) = (0.2, 0.9) (squares). The errors are estimated using batched means estimator. The parameters are $T_L = 10$ and $T_R = 100$.



Fig. 7. The variance and correlation time components of the error ratio for the KMP process. In (a), we show the factor $e_{var,N}$, as defined in Eq. (16), for $\phi = \varepsilon_{|xN|}$ for x = 0.3 (solid discs), x = 0.5 (open circles), and x = 0.8 (squares). In (b), we show the corresponding "reverse-engineered" ratio of correlation times. The parameters are $T_L = 10$ and $T_R = 100$.

on the correlation time of the coupling control variate. Despite that, the overall performance of the coupling control variate estimator is quite good: even at its worst, the accuracy has been improved by 40%.

4. Conclusion

We have shown that Markov couplings, when available, can be used effectively to improve the accuracy of Markov chain Monte Carlo calculations. This method useful in situations where the stationary distribution is not known explicitly, as in the case of nonequilibrium transport models. As shown by the examples considered in this paper, good candidates for approximate stationary distribution can be found based on physical reasoning, and when an effective coupling is available for the Markov process at hand, one can construct an effective coupling control variate.

The numerical results suggest various directions for improvement. In particular, the observation that coupling control variate has larger correlation times than the original process suggests that one try to "trade" variance for correlation time. However, simple ideas like resampling the energy of random sites at random times, as in heat bath/ partial resampling, may very well increase variance more than it decreases correlation time, resulting in a net gain of error. A related issue is the dependence of the estimator error ratio on observables: in many applications, it is desirable to be able to optimize the error ratio only for observables of interest. (One does not expect to be able to have small error ratios for all observables unless the approximate and true stationary distributions are close in the total variation norm.)

Finally, we mention that it might be possible to use related coupling methods for sensitivity analysis. If the Markov process depends on parameters θ , then the observable ϕ in Eq. (6) becomes ϕ_{θ} and the sensitivities are derivatives of ϕ_{θ} with respect to θ . Sensitivities are used, for example, in numerical computation of optimal stochastic controls in situations where the curse of dimensionality makes dynamic programming impractical. When there is a known formula for the stationary distribution P_{θ} , two common methods for evaluating sensitivities are the *common random variables* (or *same paths*) method⁴ and the *likelihood ratio* (or *score function*) methods. Glynn [7] and others have generalizations of the likelihood ratio method.

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⁴ An infinitesimal variation version of this method sometimes is associated with the Malliavin calculus.